

Immediate Denture Post-Operative Instructions

Follow these guidelines unless otherwise instructed.

- ❖ For the first 24 hours your immediate denture is **not** to be removed from your mouth. If the denture is removed, swelling may occur that will make it difficult or impossible to replace the denture.
- ❖ Wear your dentures over night for the first 2-3 nights. After that, it is advised that the dentures be removed every night and placed in a cup of water. After the first 2-3 days, you should clean your new dentures daily with liquid soap and water.
- ❖ Your immediate dentures not only replace your missing teeth, but it is acting to protect the surgical site, control swelling, and control bleeding. The denture needs to be in place to be effective.
- ❖ After 24 hours, you will see your denturist or dentist for a check-up. You will continue to see your denturist regularly for check-ups throughout the healing process.
- ❖ After extractions, do not rinse, spit, smoke or suck on a straw. Do not rinse your mouth vigorously. Do not drink any hot beverages or carbonated beverages.
- ❖ You may rinse your mouth with warm salt water (1 cup warm water to 1 teaspoon salt)
- ❖ Ice packs (or bags of frozen peas or corn) can be applied to the side of the face for 20 minutes on and 20 minutes off to help with swelling and pain.
- ❖ The fit of your immediate dentures will change as your mouth health from the extractions of your teeth. As healing occurs, the dental ridges may change shape – and they generally shrink in size. An immediate denture is often only a temporary denture which will require a permanent reline after the final healing of the mouth.
- ❖ The immediate denture will need to be adjusted regularly. A temporary soft liner will be placed to help compensate for changes that will take place in your mouth as gums heal. (Do Not soak dentures with soft liner in a denture cleaner, just plain water) You will be instructed by your denturist to return for periodic appointments to monitor your mouth for changes that require denture adjustments.
- ❖ Dental extraction sockets take at least 6 months to heal and fill in with new bone. At that time, your denturist will speak to you about adding a permanent hard reline to your dentures.